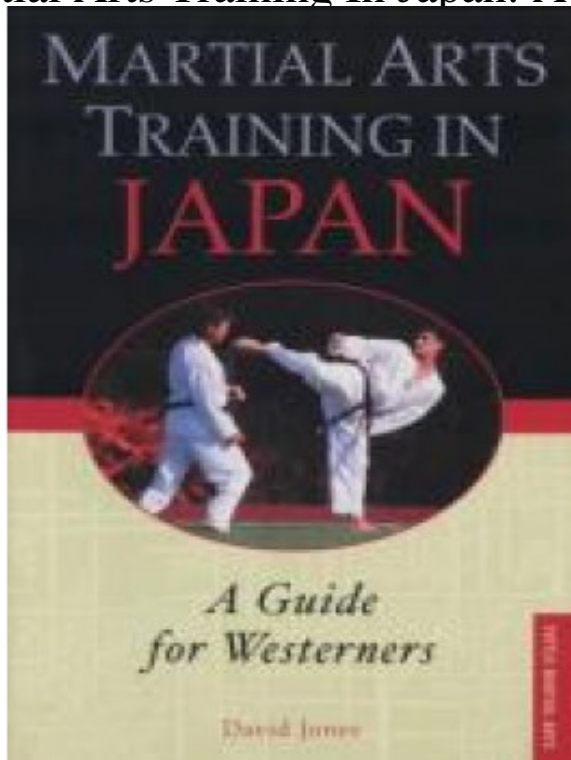


Martial Arts Training In Japan: A Guide For Westerners



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